

Ryan Muetzel
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Education **M.Ed. in Sports Administration (4.0 GPA)**, Concordia University in Austin, TX
Enrolled in M.Ed. in Kinesiology, UT (University of Texas at Austin)

- GSA (Graduate Student Assembly) Representative, Events Committee
- GSA Invest in Texas Representative
- UT MMA (Mixed Martial Arts) Club Member

Courses in M.S. in Kinesiology, UNLV (University of Nevada, Las Vegas)
B.B.A., Finance and Information Technology, Goizueta Business School, Emory University in Atlanta, GA
B.A., Philosophy – Minor, Emory University in Atlanta, GA
High School, St. Ignatius High School in Cleveland, OH

Certifications:

200-Hour Yoga Teacher Training – Indian Yoga Academy during 11/2015 in Reykjavik, Iceland
NSCA-CPT – Certified Personal Trainer
NSCA-CSCS – Certified Strength & Conditioning Specialist
American Red Cross – CPR/AED & Administering Emergency Oxygen
USA Gymnastics - Instructor

**Creative
Media**

Published Writings:

Author *The Journey of a Lifetime – Yoga for the Warrior Athlete* by Ryan Muetzel
Author *Vegan Health & Fitness Magazine* – Article Series
Co-Author/Editor *A Mother & Daughter's Journey – True Health & Healing Through Yoga, Acupuncture, Raw Foods & Juicing* by Ashley and Lisa Cottrell
Co-Author/Editor *Yoga for the Cage Fighter in All of Us – An MMA Fighter's Journey to the Light* by Nik Fekete
Co-Author/Editor *Back to Health – How I Returned to Golf and Avoided Spine Surgery through Yoga, Juicing, Raw Foods and Acupuncture* by Celia Wiscomb

Radio Show Personality/Host:

Nourishment for the Spiritual Warrior – 89.1 FM in Austin, TX

Experience

**Dr. and D's Acupuncture & Yoga / Burke SuperFoods /
Burke Yoga / Burke LuckyChewy Cars / Austin Universe
Manager**

Austin, TX / Las Vegas, NV

**RyanMuetzel.com / HighTechYoga.com / UberAthleta.com
Creator/Manager**

Austin, TX / Las Vegas, NV

**Personal Trainer/Yoga Instructor/Parkour
Instructor/Gymnastics Instructor**

Creator/Manager

Atlanta, GA / Austin, TX / Cleveland, OH / Boca Raton, FL
Fort Lauderdale, FL / Miami, FL / Las Vegas, NV

Mister GreenGenes Nutrition Center

Online Marketing Director

Las Vegas, NV

Athletes Edge/TEST Football Academy

Manager/Sales & Marketing Director/NFL Combine Sales Director

FAU (Florida Atlantic University) Boca Raton, FL

Crunch Fitness

Sales Consultant/Personal Trainer

Miami, FL

Perfect Competition/TEST Football Academy

Manager/Sales & Marketing Director/NFL Combine Sales Director

Davie, FL

PureFormance Training & Events Center

Creator/Manager

Las Vegas, NV

Pure Health / PureSupplements.com

Creator/Manager

Henderson, NV